

WELCOME TO CONNIE



CONNECTICUT'S HEALTH INFORMATION EXCHANGE



WHAT IS CONNIE?

Connie is Connecticut's official Health Information Exchange (HIE). It provides a safe and fast way for patients and providers to access appropriate health information. For providers, this means they have all the information they need to focus on what matters most: taking care of your health. For patients, it means one-stop access to your own health information for free. Free, easy access to your health information gives you control over your healthcare — and helps you approach conversations with your health care team more informed about your test results and treatment options. If you no longer want Connie to share your health information, you can opt out anytime. Learn more on connie.org.

WHAT IS CONNIE PATIENT CONNECT?

If you are a Connecticut resident, you can use Connie Patient Connect to view your health information from providers connected to Connie in one place for free. To access your personal health information available through Connie, create an account at <http://conniepatientconnect.org>. You will be required to provide proof of identity using CLEAR.

FEATURES:

- View your health information, updated daily from your healthcare providers.
- Allow select caretakers and family members to have access to your health data to help you manage your care, and track who has accessed your account, when, and for what reason.
- Add appointments, to-do lists, and your own health information, like over-the-counter medications or document blood pressure results you have taken at home.
- Create your own health files from your health records, like medication lists or lists of your visits to different providers.

FAQs

How do I know my information is safe?

Connie uses strong security measures to keep your healthcare data private and secure. Connie complies with all federal and state laws and regulations on data sharing and privacy. Connie has a Data Release Policy available on its website that explains when Connie shares data, and an active Privacy, Security, and Confidentiality Committee of its board to provide oversight over Connie's programs.

Everyone has the freedom to opting out of Connie, which means your health information isn't shared through Connie. It does not mean your health information isn't shared among your providers, only that they do not use Connie to share your health information. Also, you have the right to request an Accounting of Disclosures to see who has accessed your information in Connie. For more information about Connie's data privacy and security practices, visit www.conniect.org

What's the difference between Connie Patient Connect and the patient portal my provider has?

Patient portals through your provider allow you some insight into your health data, but it is mostly an interactive link to your provider. These portals may allow you to message your provider, make appointments, pay bills, and see health information limited to what is within that provider's record for you.

Connie Patient Connect serves as a one-stop source for your health information no matter which provider you visit. However, it does not enable you to interact with your provider(s) the way the portals from your providers do. For example, although you can add appointments to the My Appointments calendar, you cannot make an appointment with your provider through Connie Patient Connect or send them messages.

Who can access their information in Connie?

Anyone who lives in Connecticut aged 18 and over may have access to their own health information once they have appropriately validated their identity. At this time, we cannot provide patient access to health information for children aged 0-17. We encourage parents and guardians to access their children's health information directly from their healthcare provider.

What happens to my Connie Patient Connect account if I opt out of Connie?

If you have opted out after creating your Connie Patient Connect account, data within the account will no longer be updated after you are fully opted out of Connie, and your Patient Connect account will be deleted within 10 business days.

PATIENT STORIES



"As a 65-year-old woman with chronic health conditions, I see providers at my local clinic, the emergency department at the hospital and a variety of specialists. I try to keep track of my different appointments, medications and changes to my diagnoses, but it can often get overwhelming especially when there are several different portals I need to log into to piece together the information. With Connie Patient Connect, I am able to view my health information in one place and create medication lists to take to my doctor's appointments. My 30-year-old son also has a Connie Patient Connect account, so I was able to authorize his access to my account so he can help me during appointments. I feel like a better advocate for myself during my appointments with Connie Patient Connect."